

# Fleet Valley

CARE HOME



A warm  
welcome  
awaits

[www.fleetvalley.co.uk](http://www.fleetvalley.co.uk)



# Welcome to Fleet Valley Care Home

Located in Gatehouse of Fleet, Fleet Valley Care Home is a purpose-built facility, which provides a superior standard of accommodation and high levels of nursing, dementia, residential and respite care for up to 43 residents.

Designed to promote small group living, Fleet Valley has a relaxed atmosphere and a strong sense of family that ensures residents feel comfortable and at home.

Situated in a stunning rural setting, with a close proximity to the A75, Fleet Valley enjoys excellent transport links. Proud of having great community connections, Fleet Valley hosts multi-generational music groups, regular school visits and are always part of any community celebrations.



## There's so much to enjoy at Fleet Valley...

From live music and entertainers to small animal petting visits, to day trips and everything in between, life at Fleet Valley is varied and interesting. There's even a wonderful garden area where the home grows their own vegetables and residents are encouraged to get involved and enjoy the great outdoors.

There's always something planned to keep residents entertained, offering lots of opportunities to make special memories. Inside the home, the spacious lounge and dining areas are very bright and sunny and provide an excellent location for meeting friends and family.

The bedrooms are spacious and decorated to a very high standard, all have en-suite facilities and enjoy an attractive outlook. To reflect your individual style and taste, residents are encouraged to bring any articles

of furniture, framed pictures and photographs to truly personalise their space.

At the heart of Fleet Valley there is a communal paved garden with raised flower beds, an ideal outdoor haven for residents and their families to sit and spend some time together. The paved access allows for excellent mobility of wheelchairs and the garden is enclosed which helps ensure all residents are safe whilst allowing them complete freedom to enjoy the tranquil setting.



---

*"My gran has enjoyed four years at Fleet Valley. The staff have been very caring and accommodated her requirements. The management and staff have been very impressive during the period of Covid lockdowns and have tried to allow visits, when possible, with safety arrangements in place."*

**SON-IN-LAW OF RESIDENT**

---



*"My late mother lived in Fleet valley for almost five years. With living far away I could not visit as often as I wished. However, I need not have worried as I could not have found a better care home anywhere."*

*"From days out in the minibus, gardening club, royal wedding cream teas and special birthday cakes. Sadly, when mum was in her final illness my husband was also seriously ill in hospital. The home could not offer me enough help, something I will never forget. The manager and her team are angels."*

**DAUGHTER OF RESIDENT**



## Delivering the highest standards of care is our top priority

**Fleet Valley offers exemplary standards of nursing, dementia, residential and respite care. A dedicated and committed team are on hand around the clock, with a nurse clinician available on a daily basis, who works closely with experienced staff, to plan and review care.**

The home operates a Key Worker Teams System, where residents meet and form support links with the team or a specific member of the team if they prefer. The Key Worker will be responsible for assessing residents' needs and preparing a care plan, as well as delivering and evaluating the care received.

---

*"I have been a resident in this care home since March 2016. I have found it a good place to stay. The staff and management are friendly and take good care of me... I would recommend Fleet Valley to relatives and friends."*

**RESIDENT**

---

### CARE SERVICES ON OFFER:



Medical Care



Physiotherapy



Podiatry



Optical & Dental Care



Spiritual Care



Respite Care Packages



*"As a family, we couldn't be happier with the care our mum receives, she settled in very well, and this is very much her home now. The staff are always happy to help, and are friendly and supportive."*

**DAUGHTER OF RESIDENT**

## Time spent at Fleet Valley is relaxed, enjoyable and comforting

Fabulous food and refreshments are a big part of life at Fleet Valley. Each day, the Head Chef and qualified catering staff prepare fresh, delicious and nutritious meals that combine variety with a balanced diet.

Good, nutritious food and drink are very important in keeping and improving wellbeing and overall health. Residents love home-grown produce, and the home are lucky enough to have a kitchen garden where fresh vegetables and fruit are in abundance.

The Activities Coordinator is responsible for delivering a daily programme of recreational activities. The home holds regular concerts for Christmas, Easter, St Andrew's Day and other memorable occasions. Staying active and fit is so important and we

run a weekly exercise class which encourages lots of participation and enjoyment.

As you would expect, birthdays are a fabulous occasion to celebrate, and residents receive a complimentary birthday cake and card to mark their special day. Private family celebrations can also be arranged.

The home also has its own minibus available to take residents on outings which is fully equipped to accommodate those in wheelchairs.

---

*"Let me begin by saying that I can't really praise Fleet Valley high enough... They welcomed my mother with open arms and could not do enough to help her settle in... I will never be able to thank the team enough, not only for looking after my mother but for they how dealt with the situation of lockdown, their commitment to their residents and the families was simply outstanding. I will always be in your debt."*

**SON OF RESIDENT**

---

## Living at Fleet Valley

AROUND THE CLOCK CARE

EN-SUITE BEDROOMS

VARIED ACTIVITIES PROGRAMME

STUNNING SECURE GARDENS

HIGH QUALITY NUTRITIOUS DINING

WEEKLY HAIRDRESSER VISITS

# Fleet Valley

CARE HOME



T: 01557 814449

E: [info@fleetvalley.co.uk](mailto:info@fleetvalley.co.uk)

[www.fleetvalley.co.uk](http://www.fleetvalley.co.uk)

---

NURSING | DEMENTIA | RESIDENTIAL | RESPITE

---

43 Fleet Street, Gatehouse of Fleet, Castle Douglas, Dumfries & Galloway DG7 2JT